



Core Camp 4 Kids Client Waiver Form

This form is an important legal document. It explains the risks you are assuming by participating in a training program, which includes participation in physical exercise. It is critical that you read and understand it completely. After you have done so, please print your name and sign in the spaces provided at the bottom of this form.

Waiver and Covenant Not to Sue

I, _____ (Parent's name), hereby give permission for _____ (Child's name) to participate in Core Camp 4 Kids under the direction of Inspiring Fitness Enterprises Pty Ltd. In consideration of the Inspiring Fitness Enterprises Pty Ltd agreement to instruct, train, educate and assist _____ (Child's name), I do here and forever release and discharge and hereby hold harmless Inspiring Fitness Enterprises Pty Ltd and their respective agents, contractors and employees from any and all claims, demands, damages, rights or action or causes of action, present or future, arising or connected with my child's participation in Core Camp 4 Kids.

Assumption of Risk

I, _____ (Parent's name), recognise that any exercises _____ (Child's name) undertakes whilst participating in Core Camp 4 Kids might be difficult and strenuous and that there could be dangers inherent in exercise for some individuals. I acknowledge that the possibility of certain unusual physical changes during exercise does exist. These changes include abnormal blood pressure, fainting and disorders in heartbeat. I recognise that all participants prior to involvement in any exercise program should obtain an examination by a medical practitioner. If I have chosen not to obtain a medical practitioner's permission prior to _____ (Child's name) beginning this training program with Inspiring Fitness Enterprises Pty Ltd I hereby agree that I am doing so at my own risk. In any event, I acknowledge and agree that I assume the risks associated with any and all activities and/or exercise in which I participate as part of Core Camp 4 Kids.

Video & Photography & Feedback

I understand that my written feedback may be published and/or I may be photographed, filmed, video-taped or audio-taped during Inspiring Fitness Enterprises activities. Inspiring Fitness Enterprises will own all or part of any such film, tape or recording and use it for any all commercial and non-commercial purposes without providing remuneration or seeking permission. I agree not to videotape, film, photograph or audiotape any part of any session without written authorization from Inspiring Fitness Enterprises.

Parent's signature

Date

Parent's name (please print)

Contact Phone No.